

July 11, 2017

## Cancer and the Environment

- Cancer is associated with individual ambient environmental exposures.
  - Arsenic in water and lung and bladder cancer
  - Air pollution and lung cancer
  - Pesticides and various cancers
- Environmental epidemiology is often focused on single exposure categories.
- The role of overall ambient environment in cancer risk not well-understood.

# Background

- Exposures to harmful and benign factors occur simultaneously
- Cancer risk most likely results from multifactorial exposures

#### Hazardous Beneficial **Polluted Air Clean** Air Home Ownership Factories Walkability Crime Parks Unsafe Play Areas Sewage **Physical Activity** Plants/Anima **Polluted Water** Clean Water

### **ENVIRONMENTAL QUALITY**

# Environmental Quality Index (EQI)

**Goal:** Was to construct an environmental quality index (EQI) for all counties in the U.S. taking into account:

- Multiple domains that influence exposure and health
- Five domains: air, water, land, built environment, and sociodemographic
- Incorporates data representing the chemical, natural and built environment







# EQI – Methods and Data Sources

#### Air Domain

- EPA Air Quality System (AQS)
- National Air Toxics Assessments (NATA)

### Built Environment Domain

- Duns and Bradstreet North American Industry Classification System (NAICS) Codes
- Topologically Integrated Geographic Encoding and Referencing (TIGER) Data
- Fatality Annual Reporting System
- Housing and Urban Development



#### Water Domain

- Watershed Assessment, Tracking & Environmental Results Database (WATERS)
- National Contaminant Occurrence Database (NCOD)
- National Atmospheric Deposition Program (NADP)
- USGS Water Use Estimates
- Drought Monitor Data

### Sociodemographic Domain

- > 2000 U.S. Census
- Uniform crime reports

### Land Domain

- 2002 Census of Agriculture Full Report (Ag Census)
- National Priority List (NPL)
- National Geochemical Survey

# EQI – Sample Variables

#### Air

- Criteria and hazardous air pollutants, particulate matter, sulfur dioxide, chlorine, lead compounds
- Water
  - Contaminants present, drought status, number of discharge permits, water withdrawals for domestic uses

#### Land

 Percent of land in wheat crops, insecticide-treated crops, count of superfund sites and brownfields, mean arsenic from sediment samples

#### Sociodemographic

Median household income, percent individuals with less than a high school education, violent crime rate, property crime rate

#### Built Environment

Density of fast food restaurants, percent of all roadways that are highways, density of fatal accidents, density of public housing units

# Environmental Quality Index (EQI)

- Data from 19 sources
  2000-2005
- Domain-specific indices
  - All counties (n = 3,141)
  - Used Principal Components Analysis (PCA)
- Overall EQI
  - Combined domain-specific indices
  - Used PCA



# EQI – Rural-Urban Stratification

- Rural urban continuum code (RUCC) classification
  - Prior to index construction, counties were stratified by RUCC code
  - Index construction was repeated for each stratum
    - RUCCI = metropolitan urbanized
    - RUCC2 = non-metropolitan urbanized
    - RUCC3 = less urbanized
    - RUCC4 = thinly populated





#### Messer LC et al., Environmental Health 2014

# EQI – Construction Conceptually



#### Messer LC et al., Environmental Health 2014

#### Overall Environmental Quality Index Stratified by Rural Urban Continuum Codes by County 2000 - 2005



Messer LC et al., Environmental Health 2014

## Outcome Data – Cancer Incidence

- Surveillance, Epidemiology, and End Results (SEER)
   Program
  - State Cancer Profiles
- County-level annual age-adjusted all-site cancer incidence rates for 2006-2010
  - Data publically available for download
  - Lagged to consider cancer development
  - Available for 2687 of 3142 (85.5%)

# Statistical Analysis

- Assessed relationships between county-level EQI and domainspecific indices and all-site cancer incidence
  - Three most prevalent cancers for males and females
- Methods
  - Fixed slope, random intercept multi-level linear regression models
  - State as random effect and county as fixed effect
  - EQI quintiles on all-site cancer incidence
  - Adjusting for county percentage ever smoked
  - Adjusted for county-level mammography screening rates for breast cancer analysis
- Results reported as incidence rate difference
  - Comparing highest quintile/worst environmental quality to lowest/best
- Analysis stratified by RUCC

## Results – Overall EQI

Incidence Rate Differences (95% CI) for all-site cancer combined and separately for males and females by urban/rural continuum



Counties with poor environmental quality demonstrated a higher incidence of cancer cases—on average 39 more cases per 100,000 people—than counties with high environmental quality over the study period.

Counties with poor environmental quality demonstrated a higher incidence of cancer cases in males—on average 30 more cases per 100,000 people—than counties with high environmental quality over the study period.

Counties with poor environmental quality demonstrated a higher incidence of cancer cases in females—on average 33 more cases per 100,000 people—than counties with high environmental quality over the study period.

## Results – Overall EQI

Incidence Rate Differences (95% CI) for all-site cancer combined and separately for males and females by urban/rural continuum



## Results – Domain Specific

Incidence Rate Differences (95% CI) for all-site cancer for domain-specific indices by urban/rural continuum



## Results

- All-cause cancer was strongly positively associated with poor environmental quality for both sexes.
- RUCC stratified models demonstrated positive associations for males in most strata and in all strata for females.
- In domain-specific analyses, the strongest positive associations were seen in the air domain across all strata of the urban/rural continuum.
- The built and sociodemographic domains also demonstrated positive associations across RUCC.

## Conclusions

- This work is an exploration of the county-level associations between environmental quality and cancer incidence.
- The Environmental Quality Index (EQI) is a first attempt to combine data on five environmental domains to represent overall environmental quality.
- Environmental quality appears to be differentially distributed across urban/rural continuum.
- Associations in the most urbanized areas were strongest for both males and females and across the domain-specific indices.
- These results suggest that environmental quality can influence cancer risk and that associations vary by urbanicity.

## Limitations

### EQI construction limitations

- Spatial coverage of constituent variables
- Temporal coverage of constituent variables
- Potential for urban-bias

### EQI - cancer analyses limitations

- Unable to look at racial differences due to low counts in rural areas
- Lag period for development of cancer
  - EQI is representative of environmental quality over time
  - Little change in rank of counties

## Strengths

### EQI construction strengths

- First attempt to model the multifactorial nature of environmental exposures
- Able to incorporate multiple variables representing multiple domains
- Appropriate urban-rural distinctions in variable loadings

### EQI – cancer analyses strengths

- National scale analyses
- Broad environmental context

## **Future Directions**

- Construct EQI for 2006-2010
- Construct indices at lower levels of geographic aggregation (census tract)
- Consider associations with cancer survival

## Acknowledgements

- Danelle Lobdell U.S. EPA
- Lynne Messer Portland State
- Kristen Rappazzo U.S. EPA
- Christine Gray U.S. EPA (ORISE), UNC
- Shannon Grabich U.S. EPA (ORISE)
- Achal Patel U.S. EPA (ORISE)
- Alison Krajewski U.S. EPA (ORISE)
- Monica Jimenez U.S. EPA (ORISE)
- Stephanie DeFlorio-Barker U.S. EPA







# Acknowledgements

- This work has been supported in part by an appointment to the Research Participation Program for the U.S. Environmental Protection Agency, Office of Research and Development, administered by the Oak Ridge Institute for Science and Education through an interagency agreement between the U.S. Department of Energy and EPA.
- Work not possible without magnificent assistance of Suzanne Pierson, Barbara Rosenbaum, Mark Murphy, Genee Smith, Kyle Messier

#### DISCLAIMER

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> Jyotsna S. Jagai jjagai@uic.edu

#### Incidence Rate Differences (95% CI) for site-specific cancers and overall EQI for all counties



#### Incidence Rate Differences (95% CI) for site-specific cancers and overall EQI for metropolitan urban (RUCCI) counties



#### Incidence Rate Differences (95% CI) for site-specific cancers and overall EQI for non-metropolitan urban (RUCC2) counties



#### Incidence Rate Differences (95% CI) for site-specific cancers and overall EQI for less urban (RUCC3) counties



#### Incidence Rate Differences (95% CI) for site-specific cancers and overall EQI for thinly populated (RUCC4) counties



# EQI – Construction Empirically

 Principal components analysis was used to reduce the multiple variables representing each domain into domain-specific indices, which were then combined into one single index

$$EQI_j = \sum \beta_i X_{ij}$$

• Where  $\beta$  is the loading for variable *i*, and X is the value of the value for variable *i* in county *j*.